THE BLOOD CONNECTION

BLOOD DRIVE

Ravenel Associates

960 Morrison Dr, #100, Charleston, SC

Thurs, March 5

10:00 AM–3:00 PM

ALL donors will receive a
$20 VISA card!

TBC DONOR CARD OR PHOTO ID REQUIRED.

**Scan to make
an appointment!**

or visit donate.thebloodconnection.org
and search for Sponsor Name
Ravenel Associates

BE PART OF THE
CONNECTION

thebloodconnection.org

Gift cards and other incentives are non-transferable.

Am I **Eligible?**
Things to remember for blood donation

CAN I GIVE IF...

NO   **YES**

I HAVE A TATTOO?
✓

Having a tattoo will not hinder you in the blood donation process as long as you got it from a certified tattoo technician.

I HAVE HIGH BLOOD PRESSURE?
✓

As long as your blood pressue is under 180/100 then you absolutely can donate.

I HAVE DIABETES?
✓

If your diabetes is being treated and is under control, you are most likely able to donate.

I TAKE MEDICATION?
✓

Most medication will not hinder you to donate.

I DON'T FEEL WELL?
✓ (NO)

You can't donate blood if you have a fever, a productive cough, if you do not feel well, or if you are taking antibiotics to treat a sinus, throat, or lung infection.

I HAVE LOW IRON?
✓

Low iron is usually a temporary condition. FDA requires that your hemoglobin is checked to ensure it is in the required range for blood donation.

THE BLOOD CONNECTION
Your Community Blood Center

Schedule your donation today
by visiting **thebloodconnection.org**

What to Expect
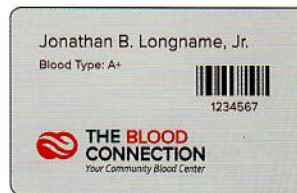# When You Donate

BEFORE

FILL OUT QUESTIONNAIRE

TBC eXpress
BLOOD DONATION QUESTIONNAIRE

Can be completed online at
thebloodconnection.org/idhq
or at donation location.

PRESENT TBC DONOR OR PHOTO ID

Jonathan B. Longname, Jr.
Blood Type: A+
1234567

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COMPLETE MINI PHYSICAL

DURING

WHILE DONATING, YOU CAN:

Catch up on some reading

Play on your tablet or phone

Watch a movie

Donation Options	Donation Frequency	Time Required
Whole Blood	every 56 days (8 weeks)	45 minutes
Platelets	1 time per week; 24 times per year	2 hours
Plasma	every 28 days	2 hours
Red cells + another component	every 56 days (8 weeks)	2 hours
Double red cells	every 16 weeks	1-2 hours

AFTER

ENJOY A SNACK ON US

WEAR YOUR BANDAGE PROUDLY

SCHEDULE YOUR NEXT DONATION

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Your Community Blood Center

ONE DONATION CAN SAVE 3 LIVES
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by visiting **thebloodconnection.org**